



**Professional Ski Instructors
of America
American Association of
Snowboard Instructors**

**Children's Specialist I (CS I)
Teaching Log**

Updated: November 2020

Introduction

The CS1 Teaching Log is another resource to help you prepare for your CS1 event. This *strongly recommended* learning experience gives you an opportunity to share a children's lesson teaching experience and reflect on its outcomes.

Although participants should bring their completed Teaching Log to the *first portion or day* of their CS1 event to facilitate discussions, please refer to your division's section on "Children's Education" for more details on how to use this log to prepare for the course.

Contributors and Developers

PSIA-AASI National Children's Task Force
PSIA-AASI Divisional Children's Committees

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Teaching Log Questions

Please answer the following questions – maximum 750 words in length - in Word .doc/.docx format. On the teaching log, please include:

- Your name
 - Resort where the lesson took place
 - Lesson date, time and type (group or private)
 - Number of student(s)
1. Describe the conditions of the day – i.e., weather, crowds, runs used, grooming
 2. What were the:
 - a. Students' cognitive stages of development?
 - b. Students' physical stages of development?
 - c. Specific ability levels of the group (or private) at the beginning of the lesson, and then at the end of the day. If some students were at different ability levels, please include any details.
 3. What was your expected outcome for the lesson? What were the students' goals? Were you able to achieve both outcomes?
 4. What activities, tasks or games did you choose to improve your student's skills? Why?
 5. What terrain did you use and why? How did you introduce the terrain to your students?
 6. How did you incorporate creative activities into the lesson, so your students felt the lesson was built just for them?
 7. How did you teach "Your Responsibility Code" to your student(s)?
 8. Describe one activity that went well in this lesson and give the reason for its success. What activity did not go well and why?
 9. How did you summarize the lesson with your students? With their parents, guardians or caregivers?
 10. Based on the outcome, describe what you would change about this lesson.
 11. How would you adapt this lesson for a different age or stage of development? (i.e. if the lesson you described was for 7 year olds, how do you adapt it for 12 year olds?
 12. How would you adapt this lesson for an adult student?